



2019 USATF Wisconsin 25th Annual Indoor Track & Field Meet

- When:** Sunday, February 3, 2019 Packet Pick-up opens at 8:00 A.M. and continues throughout the day. See order of events for meet schedule. Track Meet must be done by 5:00 P.M.
- Where:** **Carthage College, Kenosha, WI - Tarble Athletic and Recreation Center (TARC)** Directions to campus from I-94. Take exit 339 (Hwy E) and go east toward the lake. Stay on Hwy E until it dead-ends at Sheridan Road (Hwy 32). Turn right on Sheridan Road and go one mile south, campus is on the left. The TARC is the large building (white roof) next to the football field. Athletes and spectators may enter on the ground level or at the regular entrance off of the upper parking lot. There should be ample parking up top and certainly down by the football field.
- Facility:** The track & field level of the TARC features a six-lane 200 meter Martin 2000 surface. 1/8" spikes are allowed on the running track, the high jump apron, the pole vault runway, and both long/triple jump runways. We have a wooden shot put ring (and safety cage). **Due to indoor track space restraints and safety concerns, spectators must remain in the designated spectator seating areas.** This will insure the smooth and efficient operation of the meet. Failure to remain in the designated spectator seating area could result in removal from the indoor facility. We will be charging a nominal admission (\$4.00 adults/\$2.00 students) to watch the event. There will be a snack bar open for athletes and spectators, but athletes are reminded that no food or drink will be allowed on the track or infield surface. Athletes may sit in the roped off infield. Meet Contact - Patrick Pretty at 262-675-2605 or Mary Stroud at 608-274-4270.
- Eligibility:** **All competitors must be members of USATF for 2019, or currently competing for a college team.** Obtain membership on-line at <https://www.usatf.org/membership/application> or add the appropriate amount (\$20 Youth Athletes, 18 & U) (\$30 over 18) to your entry fee and complete and sign the entry form. Your membership will then be valid through December 31, 2019. **Athletes age 18 and under must be age "verified" by submitting proof of age. Mail or email proof of age to Matt DeWitt (See Officers & Committee Chairs).**
- Entry Procedure:** **Register on-line at <http://www.athletic.net> (to avoid admin. fees) or mail preregistration (postmarked by January 30th, late fee \$15 if postmarked after February 1) and \$10.00 per event / Plus a Processing Fee of \$3.00 for everyone.** See entry form page and online registration page. Send entries to address shown on entry form. **No Day of Race Registration.** 8 & Under/9-10/11-12 may enter a maximum of 3 events. 13-14/15-16/17-18 may enter a maximum of 3 events. Open and Masters may enter a maximum of 4 events. Time does not permit confirmation of entries received. **Club athletes must register online, see box on page 2. Athletic.net and mail entry close Wednesday, January 30 at 11:59 p.m.**
- Results:** **Computerized results will be generated and posted at the site. Check our web site, wisconsin.usatf.org and wisconsinrunner.com, for results. F.A.T. will be used for running events. Protest fee is \$50.00. All events are timed finals.**
- Awards:** **Medals to the top 3 in each division. T-shirts available for sale.**
- Age Divisions:** 8-Under Division (born 2011 or later), 9-10 Division (born 2009 or 2010), 11-12 Division (born 2007 or 2008), 13-14 Division (born 2005 or 2006), 15-16 Division (born 2003 or 2004), 17-18 Division (born 2001 or 2002), Open - O (ages 19 to 30), Masters - Ma (ages 31 and up in 5-year divisions). Athletes born in 2000 who are still in high school compete in the 17-18 division.

Order of Events:

8:30AM - Open & Masters

Field Events*

(4 attempts -LJ/TJ/ 4 attempts WT / SP)

Must Check-in with event official 30 minutes before your field event.
(Females followed by Males) and will combine if possible!

Pole Vault	Long Jump (open pit 9:00-10:15)	Weight Toss
High Jump	Triple Jump (open pit 9:00-10:15)	Shot Put

*No checkout time for Field Events

8:30AM (approx.) - Running Events

3000m/5000m Run	400m Dash
55m Hurdles	800m Run
55m Dash	200m Dash
1500m Run	

3000 M Racewalk - ALL AGE GROUPS/ALL DIVISIONS
1500 M Racewalk - YOUTH

Order of Events:

Approximately at 11AM - Youth Meet

Field Events*

(3 attempts in all Field Events except High Jump and Pole Vault)

Must Check-in with event official 30 minutes before your field event.

Pole Vault (10:00am Start) 1st Flight Coed 7Ft., 2nd Flight Coed 10 ft.
High Jump 1st Flight 13-14 and under, 2nd Flight 15-18

Long Jump (Pit 1) Coed 8 & Under, 9-10, 11-12, 13-14, 15-16 (Youngest to Oldest)
Triple Jump (Pit 2) Girls then Boys (Oldest to Youngest 13-18) then 17-18 Long Jump
Weight Toss (15-16, 17-18) • Shot Put (13-14, 15-16, 17-18, 11-12, 9-10, 8 and Under)

*No checkout time for Field Events

11:00AM (approx.) - Running Events

Running events only: all age group girls followed by all age group boys
(youngest to oldest) except the short hurdles.

3000m Run (11-12, 13-14, 15-16, 17-18) • 55m Hurdles (Youngest-Oldest)
55m Dash - Girls then Boys / 1500m Run 8-Under Coed / 1600m Run
400m Dash - Girls then Boys • 800m Dash (Declaration time for 200m)
200m Dash - Girls then Boys

For national calendar visit - www.usatf.org/calendar

2019 CALENDAR

February 1-2nd	WISTCA Clinic - Middleton, WI
February 3rd	WI USATF Indoor Meet - Carthage College
February 15-17	USATF Indoor Track & Field Championships - TBA
March 2-3rd	USATF National Youth Indoor Track & Field Championships - New York, NY
March 3rd	Spring Meeting - Ingleside Hotel, Pewaukee, WI 1-5pm
March 15-17th	USATF Masters Indoor Track & Field Championships - TBA
June 13-16th	WI USATF State Outdoor Meet - Carroll University
June 20th-23rd	USATF Outdoor Meet - TBA
June 25-30th	USATF Youth National Track & Field Championships - TBA
July 4-7th	USATF JO Regional Meet - Fargo, ND
July 11-14th	USATF Masters Outdoor - Ames, IA
July 22-28th	USATF National JO Meet - Sacramento, CA
August 11th	Fall Meeting - Ingleside Hotel, Pewaukee, WI 1-5pm
November 3rd	JO XC Association Meet - Yahara Hills Golf Complex, Madison, WI
Nov. 27th-Dec. 1st	USATF Convention - Columbus, OH
December 14th	JO National XC - Yahara Hills Golf Complex, Madison, WI

December 14th, 2019 JO National XC - Madison, WI

Check wisconsinrunner.com for entry & live results

For more local information and entry forms -
website: wisconsin.usatf.org



ONLINE REGISTRATION

Available to **ALL** athletes. 2019 Club Youth Coaches **MUST** register their team on-line. Registering and paying on-line avoids the \$8.00 ADM fee. WI 2019 USATF Club Teams **MUST** be in good standing and have necessary background check forms completed. **ALL ATHLETES MUST HAVE VALID USATF MEMBERSHIP AND DOB VERIFIED** before registering on-line. If your age has not been "verified" (as indicated on your USATF Membership) send birth verification documentation to Matt DeWitt (see below). Go to www.athletic.net, and log in or create an account. Search for and select the February 3, 2019 USATFWI Meet and complete the registration. For assistance, contact Tom Willis (see below).

SPRING MEETING

SUNDAY, MARCH 3RD

1:00 - 5:00 P.M.

COUNTRY SPRINGS - PEWAUKEE

2810 GOLF ROAD

(Just off of I-94, Exit Hwy G)

PEWAUKEE, WI

(262) 547-0201

OFFICERS & COMMITTEE CHAIRS

President/WISTCA Official/Officials

Jay Preston N27 W22093 Timberwood Lane
Waukesha, WI 53186
262-542-7060
jaypreston@mac.com

Vice-President/Youth Athletics

Alonzo Fuller 414-550-3852
fmdd@msn.com

Treasurer

Katie Vannucchi W375 S5046 E. Pretty Lake Rd.
Dousman, WI 53118
262-337-0197
kvannucchi@gmail.com

Secretary/Clubs, Coaching, Education Combined Events, and Sanctions

Patrick Pretty 10528 Pleasant Valley Road
Cedarburg, WI 53012
262-675-2605 & Fax
papret@execpc.com

Individual Membership/Race Walk

Matt DeWitt 908 High Street
Union Grove, WI 53182
262-358-2746 Cell
membership@wisconsin.usatf.org

At Large Members include:

Lisa Bruening -
lbruening29@gmail.com
Peter Henkes - wisrun@gmail.com
Valentine Zibung -
tranquil1216@gmail.com

COMMITTEE CHAIRS

Athletics for Disabled/IPC & Cross Country

Lisa Bruening 414-208-9558
lbruening29@gmail.com

Course Certification

Jim McFadden 262-514-2925
jcmcfadden@tds.net

Legal Liaison

Paul Murphy murphy@execpc.com

Long Distance Running/Men/ Masters/XC

Peter Henkes 262-633-0033
wisrun@gmail.com

Masters Track & Field

Stan Druckrey 414-764-0170
sdruckrey@wi.rr.com

Medical Consultant

J. Eric D. Castro, MD, FACEP
773-771-4160
jedcastromd@yahoo.com

Meet Administration

Tom Willis 126 Lake Ct.
Sheboygan, WI 53081
920-458-3519
twillis126@sbcglobal.net
tom.willis@kohler.com

Mountain Ultra Trail

Roy Pirrung 920-207-9672
ultra1@wi.rr.com

Men's Track & Field

Mike Nelson 10239 Beverly Place
Wauwatosa, WI 53226
414-889-2363
414-288-5105
michael.nelson@marquette.edu

Women's Track & Field

Kevin FitzPatrick
715-358-5334
trackandfield@frontier.com

Webmaster

Ronn Blaha 262-844-0869
ronnblaha@gmail.com

**- ATTENTION -
WI USATF Website:
www.wiusatf.org**

2019 INDOOR INDIVIDUAL ENTRY FORM - WI USATF

AGE DIVISION	(PLEASE CHECK ONE)
*8 and Under as of Dec. 31st	<input type="checkbox"/> Born 2011 or later
*9-10 Division as of Dec. 31st	<input type="checkbox"/> Born 2009 - 20010
*11-12 Division as of Dec. 31st	<input type="checkbox"/> Born 2007 - 2008
*13-14 Division as of Dec. 31st	<input type="checkbox"/> Born 2005 - 2006
*15-16 Division as of Dec. 31st	<input type="checkbox"/> Born 2003 - 2004
*17-18 Division as of Dec. 31st	<input type="checkbox"/> Born 2001 - 2002
Age 19 - 30 Open (O)	<input type="checkbox"/> Ages 19 - 29
Age 30 and up Masters (Ma)	<input type="checkbox"/> Age _____

***Copy of birth certificate required to be verified.**

Make Checks Payable and Mail to: WISCONSIN ASSOC. USATF, ATTN: TOM WILLIS, 126 LAKE COURT, SHEBOGAN, WI 53081 LATE FEE POSTMARKED AFTER: JANUARY 30, 2019

To Avoid Administration Fees:		No refunds or transfers!
<ul style="list-style-type: none"> Obtain a current USATF membership from https://www.usatf.org/membership/application Verify proof of age (if membership card does not say "verified"), by mailing or emailing to Matt DeWitt (see Officers & Committee Chairs) Register for the event on-line at http://www.athletic.net 		
1. NON 2019 USATF MEMBERS - Membership fee for 2018		
Youth Membership	\$20.00	_____
Adult Membership	\$30.00	_____
2. ALL MEET ENTRANTS		
Processing Fee	\$ 3.00	\$3.00
Plus - ____ Events @	\$10.00	_____
3. T-Shirt Fee (Please circle size)		
YTH, S, M, L, XL	\$20.00	_____
Adult XXL	\$25.00	_____
4. Administration Fee		
	\$ 8.00	\$8.00 (mandatory for paper entries)
TOTAL Fees 1+2+3+4	\$ _____	Check # _____

Last Name			First Name			Age on		Sex		Birth date		
_____			_____			Feb. 3		M/F		Mo Day Year		
Street Address (include apartment number and/or P.O. Box)												

City and state									Zip/postal code			
_____									_____			
Team/Club name (not applicable if unattached)							Area code		Telephone			
_____							_____		_____			
2019 USATF number*			E-mail Address									
_____			_____									

Events Entered (1) _____ (2) _____ (3) _____ (4) _____ (5) _____ (6) _____

Knowing that participating in track and field is a potentially hazardous activity, I enter this meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event/these events including but not limited to falls and contact with other participants.

Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, Carthage College, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of my

participation in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

The undersigned further grants full permission to USA Track & Field, Carthage College, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I understand that entry fees are not refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)

*USA TRACK & FIELD MEMBERSHIP INFORMATION

To avoid delay in obtaining membership, obtain on-line at <https://www.usatf.org/membership/application>.

Membership benefits include the FAST FORWARD magazine, accident insurance, and a growing number of discounts and other offers. Check USATF's website—wisconsin.usatf.org—for additional member benefits throughout the year. You may also send a contribution over and above your membership fee.

Membership is effective on a calendar year basis and is also available for 2, 3 and 4-year periods. Contact the Wisconsin USATF Membership Chair with any questions and/or for multi-year memberships, membership@wisconsinusatf.org or 262-358-2746. We encourage ALL athletes to register early to obtain your 2019 USATF Membership.

ADA Accommodation Policy & Procedures

I am requesting an accommodation for a disability as follows: _____
(visit www.usatf.org/about/legal/policies/ADA.asp for forms and procedures) It generally takes 4 to 6 weeks from the receipt of all relevant documentation to evaluate such requests. No such requests will be granted if the necessary documentation has not been sent to USATF at least 6 weeks prior to the date of the competition.

WI USATF Association Championships welcomes Paralympic athletes to the Youth, Open and Masters Meets.

**2019
INDOOR**

5203 Whitcomb Drive
Madison, WI 53711



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U.S. POSTAGE
PAID
WEST BEND, WI
PERMIT #59